

## **Anti-Racism Resources**

This is intended to be a starting off point for resources on fighting racism through personal growth, sharing of information, learning of resources, and ways to make a difference as a volunteer or through donations.

Black Lives Matter

<https://blacklivesmatter.com/>

How white parents can talk to their kids about race

<https://www.npr.org/2020/06/03/869071246/how-white-parents-can-talk-to-their-kids-about-race>

Your kids aren't too young to talk about race - Resource Roundup

<https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>

Showing Up for Racial Justice

<https://www.showingupforracialjustice.org/>

Mindful of Race - Transforming Racism from the Inside Out by Ruth King

<https://ruthking.net/product/mindful-of-race-book/>

Black Women's Health Imperative

<https://bwhi.org/>

Sister Song - Women of Color Reproductive Justice Collective

<https://www.sistersong.net/>

How to Register to Vote

<https://www.usa.gov/register-to-vote>

Embrace Race

<https://www.embracerace.org/>

Talking about Race

Smithsonian National Museum of African American History and Culture

<https://nmaahc.si.edu/learn/talking-about-race>

Therapy for Black Girls

<https://providers.therapyforblackgirls.com/>

Latinx Therapy

<https://latinxtherapy.com/>

National Queer and Trans Therapists of Color Network

<https://www.nqttcn.com/>

Black Emotional and Mental Health

<https://www.beam.community/bvtnnj>

NAMI - Identity and Cultural Dimensions

<https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions>

Equal Justice Initiative

<https://ej.org/about/>

Global Perspectives on the Trauma of Hate Based Violence

An International Society for Traumatic Stress Studies Briefing Paper

[https://www.istss.org/ISTSS\\_Main/media/Documents/ISTSS-Global-Perspectives-on-the-Trauma-of-Hate-Based-Violence-Briefing-Paper.pdf](https://www.istss.org/ISTSS_Main/media/Documents/ISTSS-Global-Perspectives-on-the-Trauma-of-Hate-Based-Violence-Briefing-Paper.pdf)